



Covid-19 Health & Safety Procedures



ARRIVAL & DEPARTURE

1. Please arrive **no earlier than 5 minutes before** your class, by which time any prior class will have vacated and you can come straight into the class room. Please practise the **1.5 metre distance rule** at all times while waiting outside.
2. Please **vacate the class no later than 5 minutes after** it has finished to allow the next group to safely enter, again practising social distancing while exiting.

SOCIAL DISTANCING & HYGIENE

3. Inside the class room please ensure you maintain a **1.5 metre distance** from other participants at all times at solo dance classes. At partner classes please retain the 1.5m distance between couples.
4. For hygiene reasons, water stations are not provided. Please **BYO water bottle**.
5. **Hand sanitiser** is available however we suggest you also bring your own.
6. Please either **wash your hands** or **use your hand sanitiser** before AND after the class, and practise good hygiene during the class, vacating the room if you need to cough or sneeze in which case please wash your hands before returning to the class.
7. We're a friendly bunch, but **no hugging or kissing** greetings/farewells for the time being please :)

FACE MASKS

8. Although wearing of face masks is not currently compulsory in NSW, you are very welcome to wear one if you feel you will be able to comfortably and safely dance in it. With the physical nature of dance activity, we recommend that you strongly consider wearing one.
9. It is important that we all understand and respect each individual's decision to wear/not wear one at the class so that everyone can feel comfortable doing so/not doing so without fear of judgement.

ATTENDANCE & SICKNESS

10. Ceroc & Modern Jive Dance Company has an approved **NSW Government Covid-19 Safety Plan** in place and all relevant procedures must be adhered to by the students and teachers as follows:
 - You will be **temperature tested** upon entry, with entry refused if borderline or higher than the required range. To avoid disruption to the class for this procedure, please therefore **arrive on time**.
 - You **MUST NOT ATTEND** if you a) feel unwell with Covid 19 symptoms b) are awaiting Covid 19 test results, c) have been in close contact with someone who has Covid 19 or is awaiting test results or d) have travelled overseas or been to any of the current hotspots within the last 14 days.

Your attendance at the classes assumes the following understanding and agreement:

You agree to follow all Covid-19 procedures as directed by Ceroc & Modern Jive Dance Company. You acknowledge the contagious nature of Covid-19 and other viruses, and understand and accept that while all procedures are in place and all relevant precautions are taken, there is nevertheless a risk of infection. You fully understand the risks associated with infection.